



November 2017

# SAHTÚ GLOSSARY

CANCER TERMINOLOGY

Government of  
Northwest Territories

## Foreword

This glossary contains medical terminology, specifically related to cancer, developed by and for people of the Sahtú regions. The K'áshó Got'íné Charter Community, Tulít'a Dene Band, Goba Group, and Government of the Northwest Territories Department of Health and Social Services, with financial support from the Canadian Partnership Against Cancer, partnered to create this resource, providing language to speak productively about cancer.

The desire to establish cancer terminology in Sahtú dialects was initiated by the community of Fort Good Hope and the Goba Group in 2013 and followed up with a workshop in Fort Good Hope in 2016. From January 19-21, 2016 a group of 13 language speakers and Elders, representing each of the Sahtú communities, gathered to discuss how to speak about cancer in the Sahtú dialects. Ms. Lucy Ann Yakeleya served as interpreter/translator and the Cancer Care Coordinator from Stanton Territorial Hospital provided cancer expertise. Fibbie Tatti joined the project as a second interpreter/translator shortly after the terminology development workshop.

On January 31, 2017, another workshop was held in the community of Tulít'a to review and validate the translated terminology.

This resource is developed for the Sahtú, by the Sahtú. Participants and partners have expressed their desire to continue developing cancer terminology in the region. For this reason, this resource is being released in a draft format to communities so they may continue to build on the terms identified in this glossary.

This project was not possible without the efforts and contributions of the workshop participants who shared their expertise, and the interpreter/translators who captured the information.

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TERM	ENGLISH DEFINITION	FORT GOOD HOPE DIALECT	TULÍ'T'A DIALECT	DÉLJNĚ DIALECT	LITERAL (BACK) TRANSLATION
<b>Cancer</b>	When the cells in your body grow out of control and cause harm	ʔéyay nezóle	Eyáa nezóle	Eyáa nezóle	Bad disease/sickness

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<b>Active Surveillance</b>	Keeping track of the changes in a person's body by doing tests and exams	ʔeyi ʔéyay nezóle hɪka dene ghárayeyída	Eyáa nezóle ka dene ghánagídá	Eyi eyáa nezóle ka dene ghánakídá	They check people for cancer
<b>Aggressive</b>	A tumour or disease that grows quickly.	ʔéyay nezóle denéyæge forɪ ʔóné ʔat'ɪ	Eyáa nezóle whiri denekwétah ʔóné ʔat'ɪ	Eyáa nezóle denekwétah whiri ʔóné ʔat'ɪ	Cancer that spreads in body fast
<b>Anaesthesia</b>	Using drugs to stop the feeling of pain in the body. Used during surgery	Dene kɪdəróhtə gɔráidɪ	Dene geneté agehʔɪ gonádí	Dene edeneté gonádí	The medicine used to put person to sleep
<b>Benign</b>	Not harmful	Nəyɪ t'áhsɪ hokɪhʔə beghɔ ʔagodədíle	ʔahsɪ neshíe hogogɪhʔə beghɔ gonejɪle	Nəyɪ t'ahsɪ hæogɪhʔə beghɔ k'éonejɪle	What they found in you is not harmful
<b>Biopsy</b>	Remove a small tissue from inside the body to look for sickness	ʔéyay nezóle hɪka denets'ɛ t'áhsɪ hɪsele kíhshu	Eyáa nezóle ka gogháguhdá gha t'ahsɪ neséla net'á hekíhchu	Eyáa nezóle ka denets'ɛ t'ahsɪ netsíle hæghíhchu	Something small is taken from the body
<b>Body Scan</b>	Take an x-ray of the bones	Denew'éné ʔedɪht'ɛ kíhshu	Denep'ɛné ʔɪht'ɛ gíhchu	Denekw'ɛné ʔerɪht'ɛ gíhchu	Picture taken of the body
<b>Bowel Movement</b>	Discharge of waste from body	Béhé káts'ededa	Béhó káts'ereda	Béhó káts'ereda	When the food goes out
<b>Brain Cancer</b>	Cancer of the brain	Denefɪghó ʔéyay nezóle ʔahɛt'e	Denepíghóyíe eyáa nezóle ɔt'e	Denekwíghóyí eyáa nezóle ɔt'e	Cancer in a person's brain
<b>Brain Scan</b>	X-ray of the brain	Denefɪghó ʔedɪht'ɛ kíhshu	Denepíghó ʔerɪht'ɛ gíhchu	Denekwíghó ʔerɪht'ɛ gíhchu	Picture taken of the brain
<b>Carcinogen</b>	Substance that causes cancer	T'áhsɪ dzá ʔahɛt'e xóht'ɛ ʔéyay nezóle dene ʔáhʔɪ	T'ahsɪ dzá ɔt'e gháre eyáa nezóle dene ʔahʔɪ	T'ahsɪ dzá ɔt'e hóht'ɛ eyáa nezóle dene ʔahʔɪ	Something bad, causes cancer
<b>Cell</b>	Basic unit of life	Bét'aré gots'ədɪ denefɛta ʔahɛt'e	Be'taré nezó gots'ədí gha denepétah ɔt'e	Be'taré gots'ədí denekwétah ɔt'e	In the body, how one lives.
<b>Cervix</b>	Part of a women's reproductive system	Bəbí gots'ɛ góhɪ dáhk'ɛ	Bəbí góhɪ dahk'ɛ	Bəbí gots'ɛ góhɪ dahk'ɛ	Where you were born from
<b>Chemotherapy</b>	A treatment of drugs that kills cancer, can also kill healthy cells	ʔéyay nezóle ʔóné ʔawodə ch'á ráidɪ hé dene ghálakeyeda	Eyáa nezóle ʔóné ʔade ch'á náidí t'á dene ghálageda	Eyáa nezóle ʔóné ʔaghode ch'á náidí há dene ghálakeda	Medication used to prevent cancer from spreading

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<b>Colon</b>	The longest part of the large intestine	Denets'á híshai/?edé	Denets'áə nechá	Denets'í nechá	Big intestine
<b>Colonoscopy</b>	A test to examine inside of the large intestine	ʔídíkóné hé déts'á denéyá gákeyeda	ʔídíkóné t'á denets'íyíe denets'í ghákeda	ʔídíkóné há deneyíi denets'í goghágeda	Look inside the rectum and colon through a lighted tube
<b>Colostomy</b>	Opening that is created by surgery. It connects the colon to a bag on the outside of the body to collect stool	Bét'ákáts'ededa gogha yúwé denek'e wehtə	Bét'á káts'ereda gha yúwá dene k'ə wehtə	Bét'á káts'ereda gogha yúwá dene k'ə wehtə	Bag that is attached to person to collect stool
<b>Cone Biopsy</b>	Sample of tissue taken from cervix to be examined	Bəbí góhli dáhk'é gots'ə t'áhsí ghákeyúda gha kíshu	Bəbí góhli dahk'ə ʔahsí goghákudá gha gíhchu	Bəbí góhli dahk'ə gots'ə t'áhsí ghágudá gha gíhchu	Taken from place where baby is born to be examined
<b>CT Scan</b>	Take a picture of inside to look for any abnormal growth	ʔedíht'é kíshu gháre denéyá t'áhsí/ʔéyá hika keníwə	ʔíht'é gíhchu gháre denézhíe t'áhsí ka geníwə	ʔeríht'é gíhchu gháre deneyíi t'áhsí eyáa ka geníwə	Picture taken to look for illness
<b>Diagnosis</b>	Identifying a disease or illness from symptoms	Yerí ʔeyáí dene ʔahəwə hegokíhʔə	Ayí eyáa denepéta ɔt'e hegogíhʔə	Ayí eyáa denekwétah ɔt'e hegogíhʔə	Identifying what sickness a person has
<b>Endoscope</b>	Tube with a light is use to look inside the body at the internal organs	T'ú hígale lə ʔídíkóné hé denéyá gákeyeda	T'uh ʔídíkóné belə wheʔə t'á denézhíe goghágeda	T'uh neghale lə ʔídíkóné há deneyíi goghágeda	Narrow string/tube with tip light
<b>Family History</b>	The medical history of a person's family, including mother, father, brother, sister and grandparents	Dene hégot'íne ʔeyáí dóóts'aʔa	Dene hóot'ínekə goʔeyáa edehá ts'aʔa	Dene hóot'íne eyáa hídóts'aʔa	Bringing family sickness forward
<b>Fatigue</b>	Feeling very tired or not having energy	Ríhtəts'ənáwí	Nítəts'enéwí	Néts'əréti/Níhtets'əréwí	Tired, fatigue
<b>FIT</b>	A test that checks for blood in the stool. It is used to screen for Colorectal Cancer	ʔéyáí nezóle rákulə níde ʔedélé hika dékáts'ededa kíshu	Eyáa nezóleka gagudá gha níde edelé ka bét'á káts'ereda hégíhchu	Eyáa nezóle nágulí níde edelé ka bé há káts'ereda hegíhchu	They take stool sample to check for blood
<b>H. pylori</b>	Causes inflammation and ulcers in the stomach and small intestine	ʔéyáí ts'íʔóné deneshə kéteoderíla	Eyáa ts'əhʔóné denechə káteorítle	Eyáa ts'əhʔóné denechə kátəoderítle	Stomach disease which causes inflammation
<b>Immune system</b>	The cells and organs in your body that protects the body from illness.	Denepéta yerí ʔéyáí k'eránét'e góhli	Denepétah ayí eyáa gha k'ónáréhtse góhli	Denekwétah ayí eyáa gha k'ónáréht'e góhli	In the body disease fighters there are
<b>Inoperable</b>	A disease or tumour that <b>cannot</b> be treated with surgery.	Ts'ónét'e hé dúyé dene tazige	Surí dene gha horíla t'á dúwá dene tazít'á	Ts'órét'é/horíla há dúwá dene nát'á(tazít'á)	Because of delicate location, surgery not possible

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<b>Intravenous</b>	Into a vein	Datitf'ulé gháre t'áhsí deneféta zakəhzi	Daetitf'ulé t'á denepétah así zagəhzi	Daetitf'ulé gháre t'áhsí denekwétah zagəhzi	With needle line they put (things) into the body
<b>Leukemia</b>	Cancer in the blood	Denedéléta zéyai nezóle	Denedelétah eyáa nezóle góhí	Denedelétah eyáa nezóle	Cancer of the blood
<b>Lumpectomy</b>	Surgical removal of a breast tumour	Denet'óiyə t'áhsí réhshə kákídəhwí	Denet'óyie t'áhsí nēhshə kágífēh	Denet'óyí t'áhsí nēhshə kágeht'á	Person's breast, something that has grown, they cut out.
<b>Magnetic Resonance Imaging (MRI)</b>	Another type of test used to look at the organs and tissue inside the body. It uses magnetic force to take pictures.	Denáyə zedíhtf'é híshu gosasóné	Deneyíe zerihtf'é gíhchu gosatsóné	Deneyí zerihtf'é gíhchu gosatsóné	Machine used to take internal pictures of people
<b>Malignant</b>	Is harmful, cancer.	Náyə t'áhsí heokíhzo zeyi zéyai nezóle haiyárahēt'e	Náyie t'áhsí hegút'ə sí la eyáa nezóle q't'e	Náyí t'áhsí hægút'ə sí la eyáa nezóle zot'e	What they found in you is cancer
<b>Mammogram</b>	An x-ray picture of the breast	Denet'óí zedíhtf'é kíshu	Denet'ó zíhtf'é gíhchu	Denet'ó zerihtf'é gíhchu	Person's breast, picture they take
<b>Mastectomy</b>	Surgical removal of the whole breast	Denet'óí lahot'e kákédəhwí	Denet'ó əlaot'e kágíhfe	Denet'ó əlaot'e kágərahwhə	Person's breast, they completely cut out
<b>Medical History</b>	A record of someone's risk factors, symptoms, and past medical events or illness	Dene zéyaihílkó dene zedíhtf'é wela	Dene eyáahílkó dene zíhtf'é whela	Dene eyáahílkó dene zerihtf'é wela	The papers they have on people at the medical centre
<b>Melanoma</b>	A type of cancer found on your skin	Denefézóné zéyai nezóle	Denepé k'ə eyáa nezóle heogíhzo	Denekwé zóné denet'uwé k'ə eyáa nezóle	Cancer of the skin
<b>Metastasis</b>	When cancer spreads from its original site.	Zeyi zéyai nezóle zóné zája	Eyáa nezóle zóné denepétah ajá	Eyi eyáa nezóle zóné ajá	The cancer has spread
<b>Oncology</b>	The study of cancer	zeyi zéyai nezóle wáyí kíodúhsha gha kíghálageda	Eyáa nezóle wáe həogəruhzhá gha yek'ə eghálageda	Eyi eyáa nezóle wáe həogəruhzhá gha yeghálageda	They work to know more about cancer
<b>Operable</b>	When the disease or tumour that <b>can</b> be treated with surgery	Dúle gogha dene tazige	Dúle gogha dene tazit'á	Dúle gogha dene tazet'á	Possible to have surgery

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<b>Palliative Care</b>	<ul style="list-style-type: none"> <li>▶ Improves quality of life for patients and their families facing serious illness that cannot be cured.</li> <li>▶ Helps to limit and prevent suffering and pain.</li> <li>▶ Supports all aspects of life (physical, mental, emotional, spiritual and social)</li> <li>▶ Can also be used during end of life care</li> </ul>	Dákéjanĭ gots'ĕ kuhíní k'ĕ kuk'égódi	Dágude gots'ĕ gonĭ k'ĕ nezó goghálageda	Dágejá gots'ĕ gonĭ k'ĕ gok'ágadí (hodí)	Depending what happens to them they are looked after according to how they like
<b>Pap Smear</b>	A swab of sample taken from the cervix	Bəbí góhĭ dáhk'ĕ gots'ĕ t'áhsĭ kíhshu	Bəbí góhĭ gozəhk'ə zəhsĭ gĭhchu	Bəbí góhĭ dahk'ə gots'ĕ t'ahsĭ gĭhchu	Baby born place, something is taken.
<b>Platelet</b>	Type of cell in the blood that helps blood to clot	Denedéléta begháré denedélé zədəht'ə góhĭ	Denedélétah begháré zəts'əht'ə góhĭ	Denedélétah begháré denedélé zədəht'ə góhĭ	In the blood there is something to help blood to clot
<b>Polyp</b>	Growth found in the colon or rectum	T'áhsĭ denéyə denets'ə hé dene zekadífélé k'e rəyə	Denezhíe denets'í há denek'árhípelé k'ə zəhsĭ nəzhə	Deneyí denets'í há denek'árhíkwelé k'ə t'ahsĭ nəyə	Something grows inside person's intestine
<b>Prognosis</b>	Chance of cure or cancer coming back	Dats'út'ĕ sĭ kenĭwĕ ghə dene hégokede	Dats'út'ĕ gonuvĕ gha dene ts'ĕ gogede	Dats'út'ĕ gha genĭwĕ sĭ ghə dene hégogede	They tell you how they think you will be
<b>Radiation</b>	High energy x-rays to kill cancer cells and shrink tumours.	ʒídíkóné hé judenĭ zéyá nezóle ghálakeyeda	ʒídíkóné t'á eyáa nezóle k'ə goghálageda	ʒídíkóné t'á ɔde eyáa nezóle ghálageda	Treating cancer with light
<b>Recurrence</b>	Chance of cancer coming back	ʒéyá nezóle dene zərawolə rágudĭ	Eyáa nezóle anaode gha hənagulə	Eyáa nezóle dene anaodle nágulĭ	A chance of getting cancer again
<b>Remission</b>	Tests, physical exams and scans show that all signs of cancer are gone.	Hĭdú gogha zeyĭ zéyá nezóle húle	Edúh gogha eyáa nezóle whúle	Hĭdúh gogha eyĭ eyáa nezóle wíle	The cancer is gone for now
<b>Risk Factor</b>	Something that increases the chance of developing a disease.	Yerĭ begháré zeyĭ zéyá nezóle dene zale rágudĭ	Ayĭ dahgháré eyáa nezóle edaghə hənáots'ulə	Ayĭ dahgháré eyĭ eyáa nezóle alé dene ts'ĕ náudĭ	The possible causes of people getting cancer
<b>Screening</b>	Test done on a well person	Dene begoyízale zéyá hĭka kígháyeda	Dene bets'ĭ asĭ hənáots'ulíle kúlĭ yeghákeda	Dene beghəzĭzále eyáa ka kegháeda	Test for person with no ailment, illness.

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<b>Side Effects</b>	Effects of a medical treatment or procedure (hair loss, nausea, loss of appetite)	Dágoghálakeyída ts'ɪʒóné kugha dágóht'e	Dágoghá dene ghálageda eyɪ ts'ɛhʒóné dene gha dágóht'e	Dágoghá dene ghálageda ts'ɛhʒóné gogha dágóht'e	What can happen to them from what was done to them
<b>Stage</b>	How much cancer is in the body and where it is located(size of tumour, if cancer has spread to other parts of the body)	ʒeyɪ ʒéyɪ nezóle dárádedéhse gháré kɪʒudíta hət'ɪ	Eyáa nezóle dánáréhtse gháré yəgərehtáh gət'ɪ	Eyɪ eyáa nezóle dánáréhtse gháré bezerehtáh gət'ɪ	By the severity of cancer they have a number for it
<b>Surgery</b>	Operation	Denetaʒige	Denetaʒt'á	Denetaʒet'á	Person get surgery/cut
<b>Symptoms</b>	A change that a person feels in their body that may be due to disease or illness	ʒéyɪ ts'ɪʒóné ʒedáts'ədádɪ	Eyáa ts'ɛhʒóné edáts'ərədí	Eyáa ts'ɛhʒóné edáts'ərədí	What a person feels due to illness
<b>Tumour</b>	Growth of cells	Dúle gogha denetaʒige	Denezhíe t'ahsɪ nəhzhə eyɪ gha dúle denetaʒet'á	Deneyɪ t'ahsɪ nəyə dúle begha denetaʒet'á	For person to get surgery
<b>Tumour Marker</b>	A substance found in the blood, urine or body tissue that is measured to help identify cancer.	Dáts'ɪt'e kokedúhsha gha dene ts'ɛ t'áhsɪ kíhshu	Dáts'ut'e gogha kuruhshá genɪwɛ gha denets'ɛ t'ahsɪ gíhchu	Dáts'ɪt'e hæogeruhshá gha denets'ɛ t'ahsɪ hægíhchu	To find out how a person is doing, samples are taken
<b>Ultrasound</b>	A test that takes images of the inside of the body using sound wave	Sasóné denek'e hek'ínakəhdɪ gháré denáyə goʒedɪht'ɛ kíhshu	Satsóné t'á denebé k'e hek'ónagəhtse gháré dene zhíe ʒerɪht'ɛ gíhchu	Satsóné dene k'ə hək'ónagəhdɪ gháré deneyɪ goʒerɪht'ɛ gíhchu	Pictures are taken with machine which they move on body
<b>X-ray</b>	Picture taken of body parts	ʒídíkóné hé dene ʒedɪht'ɛ kíhshu	ʒídíkóné t'á dene ʒerɪht'ɛ gíhchu	ʒídíkóné há dene ʒerɪht'ɛ gíhchu	They take picture.